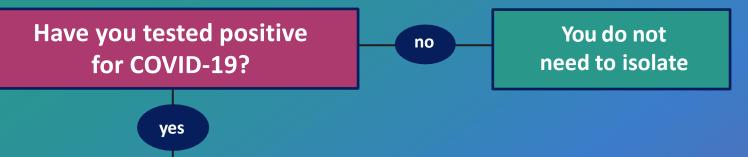
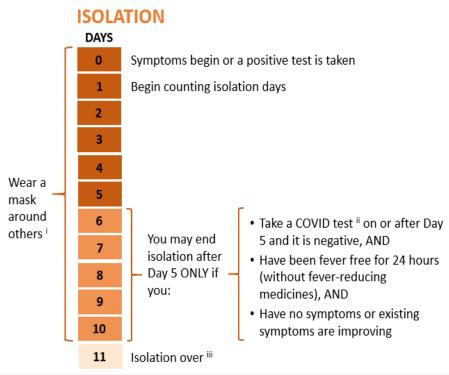
## **ECE ACTIONS FOR ISOLATION**



Stay home for at least 5 days, regardless of vaccination status, previous infection, or symptoms.



- i. When in isolation, those aged 2 and older must wear a highly protective mask around others even in your own home. If you end isolation after Day 5, children aged 2 years and older are strongly recommended to wear a mask through Day 10. Staff are required to mask through day 10.
- ii. FDA authorized viral test (e.g., PCR or Antigen test, including at-home tests). Antigen test preferred.
- iii. If you still have a fever, stay in isolation until 24 hours after your fever resolves. If you are immunocompromised or had severe COVID-19, you may need to isolate for longer. Talk with doctor about when you can be around others.

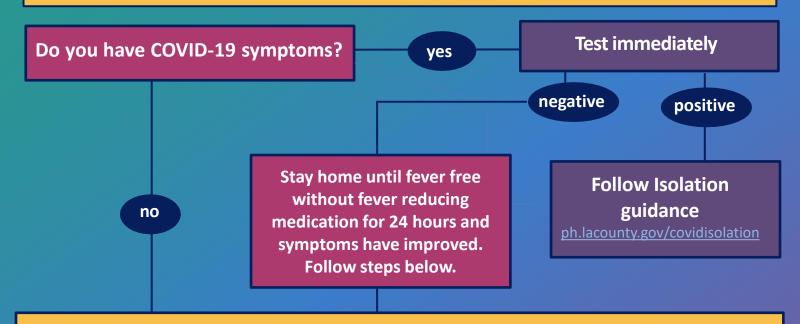
For more information, visit ph.lacounty.gov/covidisolation.

- Tell your close contacts that they have been exposed and need to follow instructions at ph.lacounty.gov/covidcontacts
- See full isolation instructions for people with COVID-19 at ph.lacounty.gov/covidisolation



## ECE ACTIONS FOR CLOSE CONTACTS FLOW CHART

In ECE settings, there are two methods for identifying close contacts. You are a "close contact" if you shared the same indoor airspace OR were within 6 feet of someone with COVID-19 for a total of 15 minutes or more over a 24-hour period while they were infectious.



If you are a close contact and do not have symptoms, you DO NOT need to quarantine but are <u>required</u> to take the following steps to reduce the risk of spreading COVID-19 to others.\*

- 1. **Monitor symptoms** for 10 days. If you develop symptoms, you need to test immediately. If positive, follow isolation guidance at <u>ph.lacounty.gov/covidisolation</u>.
- 2. **Wear a <u>highly protective mask</u>** around others indoors for those aged 2 years and older, except when eating or drinking, for 10 days after the last date of exposure.
- 3. **Test** with an FDA-authorized viral COVID-19 test (e.g., PCR or Antigen test, including at home tests) within 3-5 days since the last date of exposure.\*\*
  - \*\*If you had COVID-19 in the past 90 days, you do not need to test unless you develop symptoms.

<u>Children less than 24 months, who should not wear a mask</u>, that are close contacts and asymptomatic may remain at the facility if they are monitored for symptoms and test with an FDA-authorized viral COVID-19 test within 3-5 days since the last date of exposure.

\*If applying the within 6 ft of an infected person for 15 minutes or more over a 24-hour period definition for close contacts in classrooms or similar-sized settings, all other individuals who shared the same indoor airspace with the infected person for 15 minutes or more over a 24-hour period are <u>strongly recommended</u> to follow the above guidance for symptom monitoring, masking (if aged 2 years and older), and testing.

ph.lacounty.gov/covidcontacts

